



## SAGE WHOLE

**Botanical Name:** *Salvia officinalis*

**Common Name:** Garden sage, common sage, or culinary sage

**Medicinal part:** Leaf

**Description:** *Salvia officinalis* perennial, evergreen subshrub, with woody stems, grayish leaves, and blue to purplish flowers. It is a member of the mint family Lamiaceae and native to the Mediterranean region, though it has naturalized in many places throughout the world. It has a long history of medicinal and culinary use, and in modern times as an ornamental garden plant. The common name "sage" is also used for a number of related and unrelated species.



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Golden Bough Botanicals Inc.

12 - 1585 Cliveden Avenue  
Delta, BC V3M 6M1, Canada

Toll Free: 1-877-950.8700

[www.goldenbough.ca](http://www.goldenbough.ca)